Автор:
18.08.2009 23:04 - Обновлено 07.06.2012 19:10

Годовой план-график
распределения учебных часов по физической культуре
при 3-х часовой нагрузке в неделю



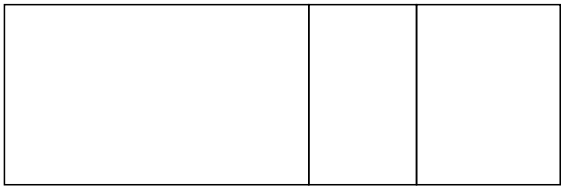
Раздел программы	K-во часов
I четверть	
II четверть	
III четверть	
IV четверть	

дата	Сен	Окт	Ноя	Дек	Янв	Фев	Мар	Апр	Май

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1.

Теоретич.сведения



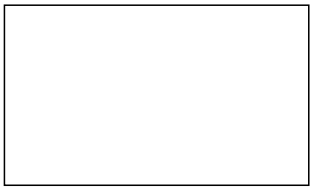
В процессе уроков

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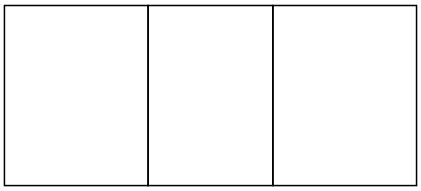
Весь год

2.

Гимнастика



16 ч.



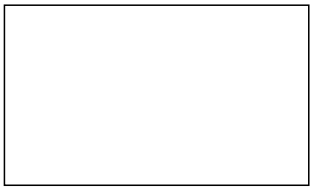
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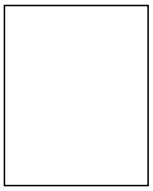
16 урок

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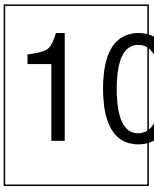
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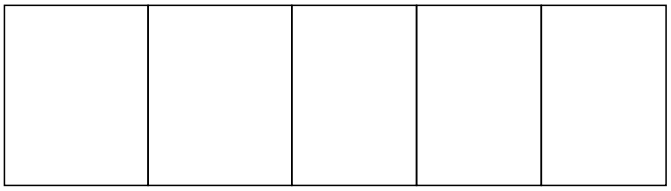


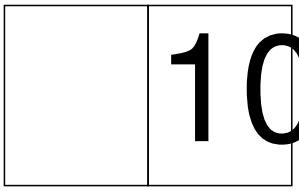
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1-


10



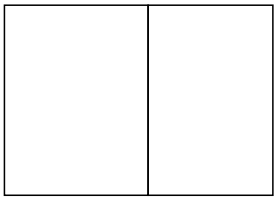

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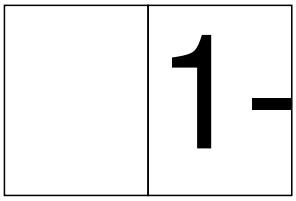

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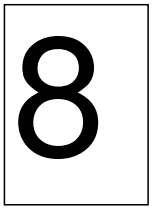
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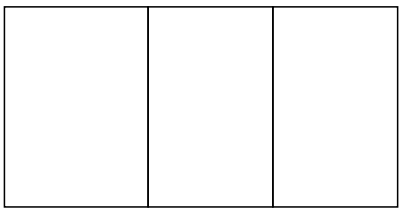
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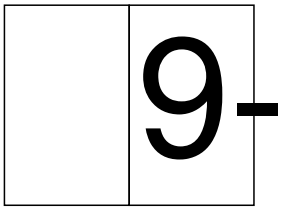
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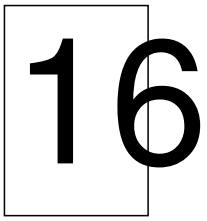


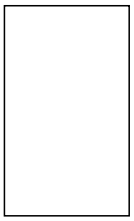

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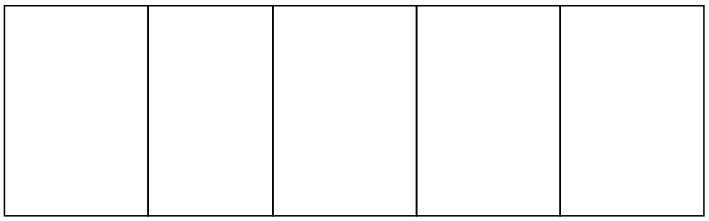
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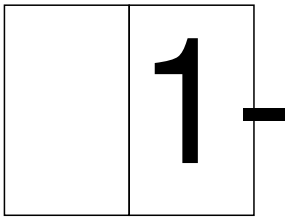
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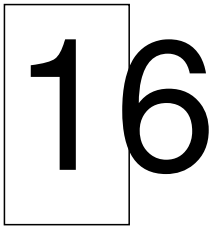
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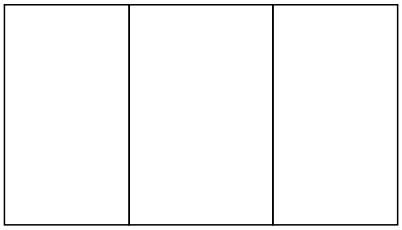
16 ч./

68 ч.

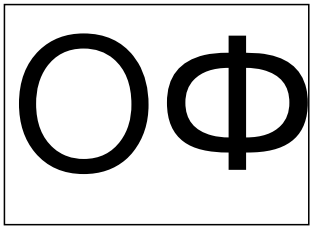


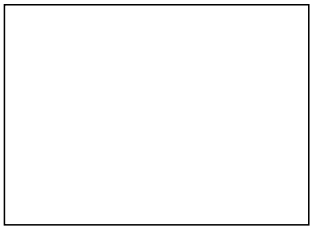




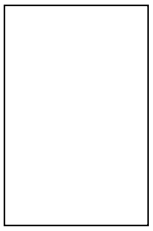



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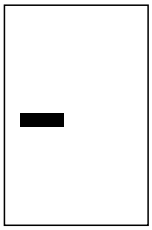

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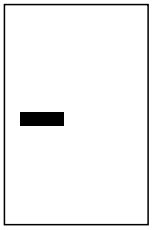


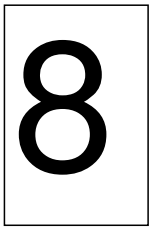
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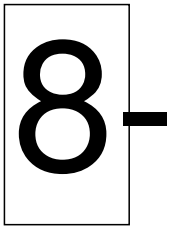


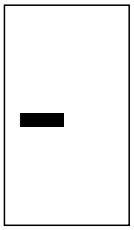
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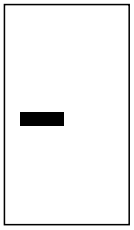


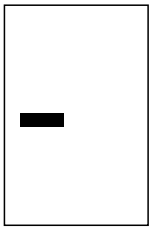


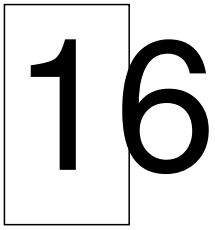








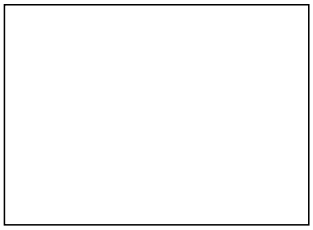



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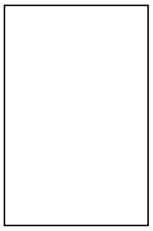
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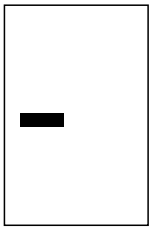
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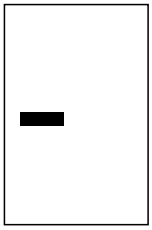


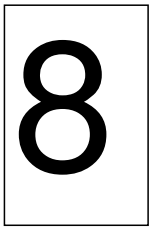
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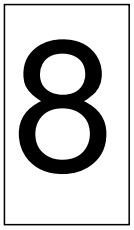


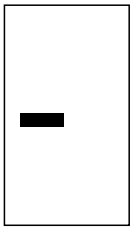
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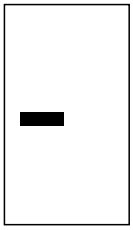










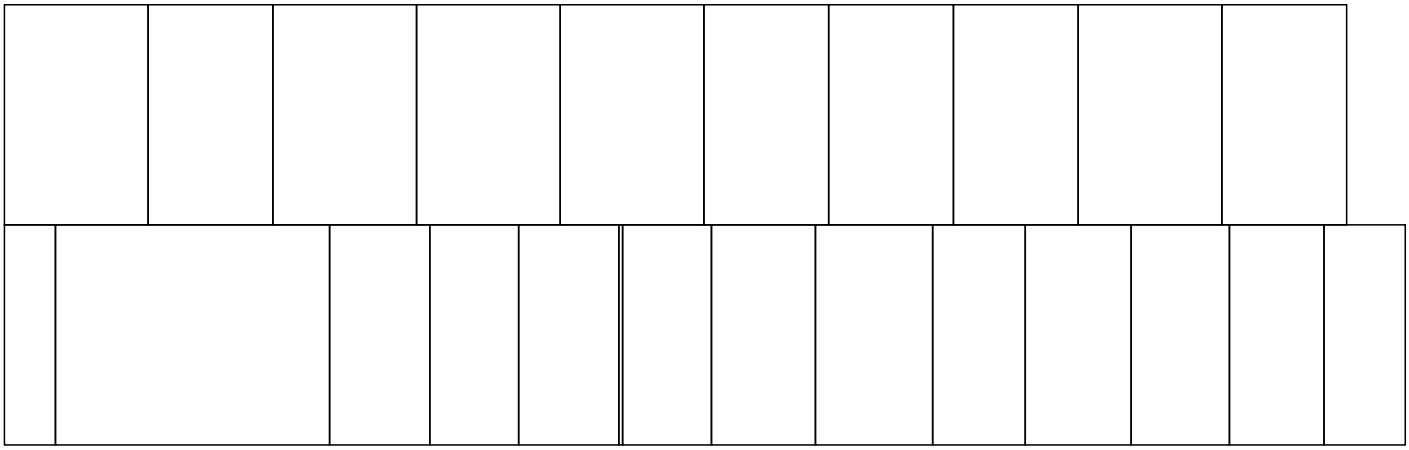


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18

Итого

102 ч.



Распределения часов по физической культуре при 3-х часах в неделю

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